

## 1.1 Starting ARMS

Follow these steps to begin using the ARMS system:

1. Launch an Internet browser using Internet Explorer 6.0 or higher or Netscape Navigator 7.0 or higher. **Preferred.**
2. Click the “**Access ARMS**” link from the ARMS support website (<http://www.ncdhhs.gov/aging/arms/armspage.htm>):

**Access ARMS System**  
**Authorized Users Only**

Most users will get a Security Information screen similar to this:

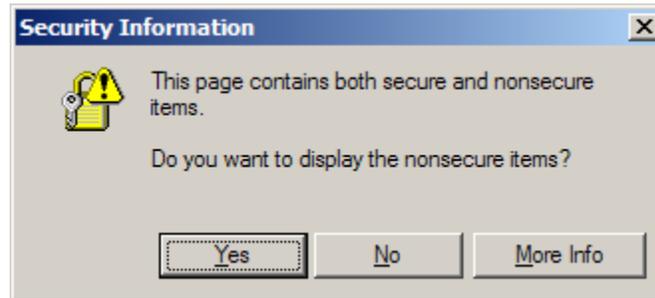


Figure 1 – Security Information

Click **Yes** to continue.

**Hint:** For easy access directly to the ARMS system, add the WIRM link to “**Favorites**” in Internet Explorer or “**Bookmark this Page**” in Netscape.

**NOTE:** You must have pop-ups enabled in order for the menu structure to operate correctly.

- a. To enable pop-ups in Internet Explorer, Click on the **Tools menu | Pop-up Blocker | Pop-up Blocker Settings**
- b. Enter the ARMS website address in the text box under “*Address of Web site to allow*”
- c. Click **Add**. This will be required for each computer used to access ARMS.

<https://wirm.dhhs.state.nc.us/>

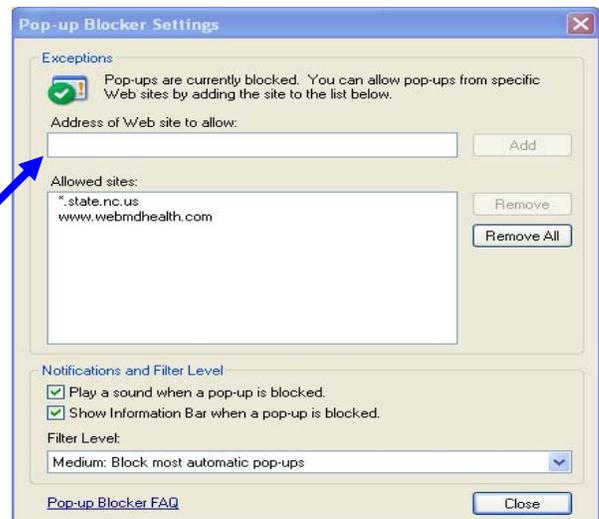


Figure 2 – Pop-Up Blocker Settings

**Note: Pop-up Blocker must be enabled to run reports**