



North Carolina Chronic Disease Self Management Project Lay Leader / Master Trainer Information Form

Thank you for taking the time to complete this information -- it is very important! We will use this information to track the number of lay leaders we have and also to coordinate Living Healthy (i.e. CDSMP) sessions in areas that you prefer. Your assistance in helping monitor Living Healthy sessions will assure program quality by making sure that Living Healthy sessions are offered according to the program manual.

Check one: **Master Trainer Training** **Lay Leader Training**

Name: _____

Email: _____

Address: _____

Organization/Employer: _____

City: _____

County: _____

Zip: ___ ___ ___ Telephone: (___ ___) ___ ___ - ___ ___

AAA Region: _____ (If you don't know this, please ask your Master Trainers.)

Name of Trainers: _____

Training Dates: _____

Do you live within city limits (urban) or outside of the city limits, in a more rural setting?

Urban Rural

Please **let us know where you are willing to** conduct Living Healthy workshop sessions:

___ My county and the surrounding counties (travel)

___ My **county** only (minimal travel)

___ My **town** only (no travel)

(If you are willing to travel to lead a workshop, your mileage may be reimbursed.)

Would you be willing to help monitor a Living Healthy workshop session to assure that the sessions' scripts and recommended group techniques are implemented:

Yes

No

Do you have a chronic health condition? If yes, please check all those that apply:

- Diabetes
- Hypertension
- Lung disease (asthma, emphysema, bronchitis)
- Cancer
- Other chronic condition(s) Please explain_____
- Heart disease
- Arthritis / rheumatic disease

Are you getting trained as a Living Healthy Lay Leader as part of your job responsibilities, or as a volunteer?

How did you find out about the Living Healthy program?

What made you want to become a Living Healthy Lay Leader?

Can we share your contact information with other organizations who are organizing Living Healthy (i.e. CDSMP) workshops? Your skills as a Lay Leader are helpful to our partners as well!

Yes

No

Thank you!