



## Transporting Flipcharts & Materials for Living Healthy and Living Healthy with Diabetes



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### Flipcharts

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- Make a set of charts using a table top easel pad like this one: [http://www.staples.com/Staples-23-x-20-Faint-Grid-Restickable-Tabletop-Easel-Pad/product\\_609013?cmArea=SEARCH](http://www.staples.com/Staples-23-x-20-Faint-Grid-Restickable-Tabletop-Easel-Pad/product_609013?cmArea=SEARCH) (**make sure to get the ones with 30 pages/pad**), and then you can just pop up the easel, set it on a table and you're ready to go.
  - o The table top structure also makes sure that the charts are protected when you're traveling with them.
  - o In this case, you must also make separate copies of the charts that need to be displayed at every session (charts 3, 5, 6, 7, and 8).
    - You can **use blue painters tape**, which won't damage walls, to tape these up.
  
- Make a set of charts and carry them in a 1 of two containers:
  - 1 - A poster tube:  
<http://www.ebandstore.com/Supplies/Poster-Tube/>  
<http://www.cutting-mats.net/2620.html>
  - 2 - An art carry case:  
[https://www.schooloutfitters.com/catalog/product\\_info/cPath/CAT605\\_CAT883/pfam\\_id/PFA\\_M10911/products\\_id/PRO26984?sc\\_cid=GoogleFeed\\_ALV-MN2026](https://www.schooloutfitters.com/catalog/product_info/cPath/CAT605_CAT883/pfam_id/PFA_M10911/products_id/PRO26984?sc_cid=GoogleFeed_ALV-MN2026)

**OR** by sandwiching two flipcharts together – paper side in – and clipping them together with large binder clips. (You can do this with post-it paper or regular paper.)
  
- Laminate a couple pieces of flipchart paper and use them as dry erase boards for brainstorming activities. (Tape them to the walls with blue painters tape.) May need to request matte laminate if possible. The shiny laminate makes it very difficult for participants to read what you write.
  
- Use static cling sheets so you don't have to worry about taping charts to the wall:  
[http://www.amazon.com/Write-Cling-Static-Images-Sheets/dp/B0000E2RGH/ref=pd\\_sbs\\_op\\_1](http://www.amazon.com/Write-Cling-Static-Images-Sheets/dp/B0000E2RGH/ref=pd_sbs_op_1)
  - o Write on these with dry erase markers for brainstorming – so you can erase and re-use them  
OR
  - o Write your charts on them in permanent marker, so you can use them again and again. These may hold up better than regular flipchart paper.

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### Materials

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- These carts are helpful for lugging books, markers, tape, and snacks: [www.amazon.com/dbest-00-011-Two-Wheeled-Collapsible-Handcart/dp/B000G1KTMM](http://www.amazon.com/dbest-00-011-Two-Wheeled-Collapsible-Handcart/dp/B000G1KTMM)