Skill #13: Drawing and Injecting One Insulin

Student Name _____

Steps Skills Performance Objectives/Steps	**Performed Correctly?**	
	Yes	**No**
1. **Perform skills in Skill #4A: General Medication Administration Preparation Steps**		
2. Provide privacy		
3. Get help to assist with administration to a confused resident		
4. Assist resident if needed to prepare for injection		
5. Get supplies • Examine insulin for lumps, discoloration or crystals; signs the insulin should be discarded • New bottle, write the date of opening on bottle • Select appropriate syringe to measure units ordered		
6. Follow Standard Precaution procedures. Wear gloves		
7. Roll bottle if needed		
8. Wipe the top of the bottle with alcohol swab		
9. Pull plunger down to fill syringe with air volume equal to the amount of insulin to be injected		

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Student Name _____

Steps Skills Performance Objectives/Steps	**Performed Correctly?**	**Performed Correctly?**
	Yes	**Yes**
10. Holding syringe straight, stick the needle into the center of the rubber stopper in insulin bottle. Push plunger down injecting air into vial		
11. Turn insulin bottle upside down with needle still inside and gently draw the correct units of insulin in the syringe by pulling down on plunger		
12. Gently tap the side of syringe to allow any bubbles to float to top. Push any bubbles out of syringe and then draw insulin back in syringe to get the correct dose		
13. Remove the needle from insulin vial. Check to see if insulin and dose is correct		
14. Choose an injection site. Wipe with alcohol swab		
15. Pinch up skin and push needle into skin. Use the correct angle (45 to 90 degrees) for injection		
16. Inject the insulin slowly into resident. Pull needle out of skin with a quick smooth motion		
17. Discard the syringe/needle unit immediately into a sharps container		
18. Remove gloves		
19. Cleanse hands		
20. Perform skills in Skill #4B: General Medication Administration Subsequent Steps		

☐ **Pass** ☐ **Redo**

Comments:

_____ _____
Evaluator Name/Credentials **Date**