

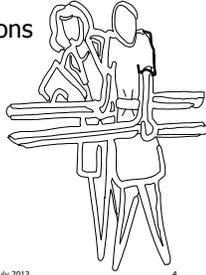
	N.C. Nurse Aide I Curriculum
	MODULE G Basic Restorative Care
	DHSR/HCPRI/CARE NAT I Curriculum - July 2013 1

	Objectives
	<ul style="list-style-type: none">■ Explain the role of the nurse aide in basic restorative care.■ Describe the processes involved with bowel and bladder training.
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	Basic Restorative Care
	Care provided after rehabilitation when the resident's highest possible functioning has been restored following illness/injury
	Goals?
	
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Basic Restorative Care – Importance

- Maintain/improve abilities
- Prevent further complications
- Aim toward independence
- Team effort
- Assist individual to accept or adapt



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Basic Restorative Care – Nurse Aide’s Role

- Recognize loss of independence
- Encourage resident and support family
- Be sensitive to resident’s needs



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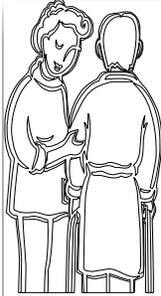
Basic Restorative Care – Nurse Aide’s Role



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Basic Restorative Care – Nurse Aide’s Role



- Review skills
- Focus on small tasks and accomplishments
- Recognize and address setbacks

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Basic Restorative Care – Nurse Aide’s Role

- Give resident control
- Encourage choice
- Encourage selection of appropriate clothing
- Show patience



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Basic Restorative Care – Nurse Aide’s Role



- Provide for rest periods
- Encourage independence during activity
- Encourage use of adaptive devices
- Consider involving family

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Prosthetic Device

Replacement for loss of a body part

- Examples
- Role of nurse aide



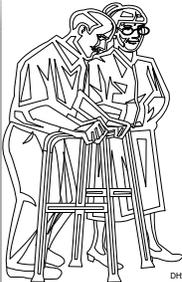
Orthotic Device

Artificial device that replaces a body part and helps with function and/or appearance

- Examples
- Role of nurse aide

Supportive Device

Special equipment that helps a disabled or ill resident with movement



Assistive (Adaptive) Devices

Special equipment that helps a disabled or ill resident perform activities of daily living (ADLs)



- Promotes independence
- Successful use depends on...

Positioning Assistive Devices



Pillows



Wedge Pillow



Abduction Pillow

Positioning Assistive Devices



Bed Cradle



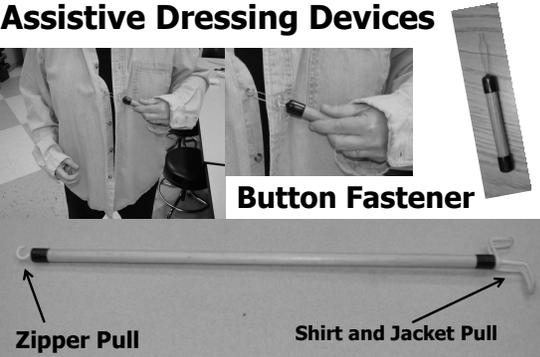


Assistive Eating Devices

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This slide features four images of assistive eating devices: a white plate with a spoon, a white plate with a fork and spoon, a clear plastic cup with a white straw and a white handle, and a black curved spoon.

Assistive Dressing Devices



Button Fastener

Zipper Pull **Shirt and Jacket Pull**

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This slide features three images of assistive dressing devices: a person using a button fastener on a white jacket, a close-up of a button fastener, and a long white zipper pull with a hook at the end.

Assistive Dressing Devices



Sock and Stocking Aids **Long-handled Shoe Horn**

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This slide features three images of assistive dressing devices: a pair of white sock and stocking aids, a person using a long-handled shoe horn to put on a shoe, and a long white shoe horn.

Electric Toothbrush



Assistive Hygiene Devices

Denture Cleaner

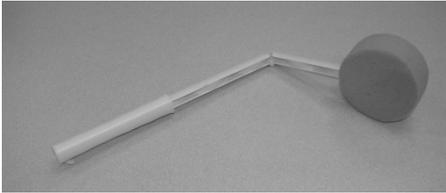


Fingernail Cleaner



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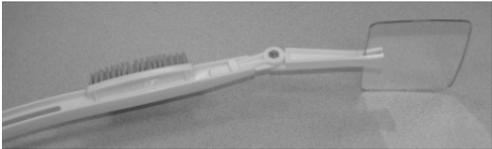
Assistive Hygiene Devices



Long-handled Sponge

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Assistive Hygiene Devices



Device used by residents with diabetes:

- To examine heels for abrasions or sores
- To wash feet

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Assistive Reaching Tool Device



Adaptive Devices – Recording/Reporting

- Activity attempted?
- Assistive devices used?
- Success?
- Increase/decrease in ability?
- Changes in attitude or motivation?
- Changes in health?

Basic Restorative Care – ALWAYS REMEMBER

- Sometimes you may think it is easier and quicker to.....
- Independence helps with the resident's self-esteem and speeds up recovery



Bowel and Bladder Training - Importance



Measures taken to restore function of urination and defecation by resident, with ultimate goal of continence



Bowel and Bladder Training - Importance

- Incontinence is embarrassing
- Will limit lifestyle
- Odors can cause family and friends to shun
- Infections can develop
- May find it difficult to discuss



Bowel and Bladder Training – Nurse Aide’s Role

- Nurse aide valued member of health care team and is involved with bowel and bladder training plan
- Support explanation by doctor or nurse of bowel training schedule



Bowel and Bladder Training – Nurse Aide’s Role

- Keep an accurate record of
- Answer call lights promptly
- Do not rush resident
- Be positive
- Don’t scold
- Assist to bathroom
- Provide privacy
- Provide encouragement



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Bowel and Bladder Training – Nurse Aide’s Role

- Offer and encourage fluids
- Encourage fiber foods – fruits, vegetables, breads and cereals
- Encourage regular exercise
- Teach good pericare
- Keep bedding clean and odor-free



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Bladder Training – Nurse Aide’s Role

Attempts to void scheduled and resident encouraged to void:

- When resident awakens
- One hour before meals
- Every two hours between meals
- Before going to bed
- During night as needed



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Bladder Training – Nurse Aide’s Role

Assist to void by

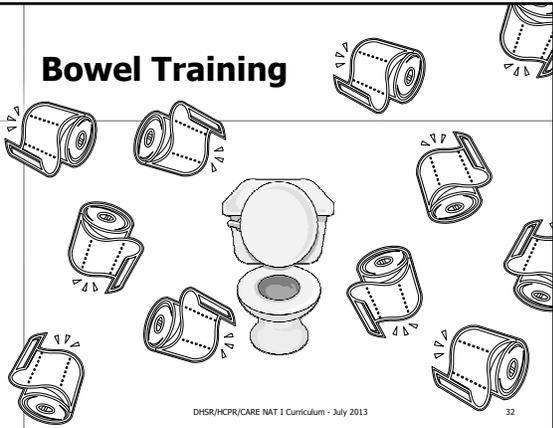
- Running water in the sink
- Have resident lean forward, putting pressure on the bladder
- Put resident’s hands in warm water
- Offer fluids to drink
- Pour warm water over perineum area



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Bowel Training



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Bowel and Bladder Training – Points to Remember

- Can be accomplished
- Must be consistent and follow plan
 - Recording and reporting vital to success
- Success can take 8 to 10 weeks

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	<p style="text-align: center;">The End</p> <p style="text-align: center;"><small>DHSR/HCPRI/CARE NAT I Curriculum - July 2013</small></p> <p style="text-align: right;"><small>34</small></p>
