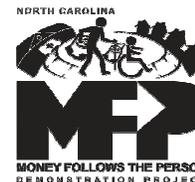


NC MFP Roundtable Meeting
Friday, February 13, 2015
The Pitt County Council on Aging
4551 County Home Road, Greenville, NC 27858



Meeting Notes

Participants:

- Anne Johnson, Lenoir Memorial Hospital
- Megan Roberson, ECBH
- Lorrie Roth, DAAS
- Ciera Pearson, ADA
- Hannah Pittman, ADA
- Rene Cummins, ADA
- Linda Kendall Fields, MFP-DMA
- Christopher Woods, Independent Living-Greenville
- Dana Simonetti, Greenville KRP
- Danielle Andrews, DVR-IL
- Andi Reese, Lenoir CCOA
- Mineko Holloway, Lenoir County Council on Aging
- Sharon Kellerman, Smoky Mountain Center
- Dena Cannon, Alliance
- Niki Ashmont, Alliance
- Christy Blevins, MFP-DMA
- Julie Wiggins, High County-AAA
- Tonya Cedars, ECCOG-AAA
- Michelle Newman, Cross Greek Healthcare
- Georgia Wood
- Diane Upshaw, MFP-DMA
- Lakeisha Laporte, MFP-DMA
- Trish Farnham, MFP-DMA
- LaKendra Dixon, UCPG-AAA
- Tom Meyer, PTRC-AAA
- Bob Cleveland, PTRC-AAA
- Abby Philips, LCCA
- Deidre Dockery, DSB
- Jillian Hardin, ECCOG-AAA

Welcome and Introductions

Trish welcomed the group – thankful to Pitt Council on Aging and everyone who made the trip. Lakeisha went over logistics for the meeting.

Participant introductions and Icebreaker question related to today's main topic - Sustainability: "Name one thing that you have sustained throughout your life and the share the reason you believe it has been sustained (in one or two words)."

The reasons behind these individuals stories of sustainability included: love, family, fun, patience, persistence and perseverance, unconditional, adaptability, inspiring, creativity, meaning, collaboration, passion, service to humanity, self-care, steadfast, faith, digital books, heritage, salt water, sarcasm, personality and no excuse for boredom.

It was pointed out that the reporting section of today's Roundtable would be shortened to allow for maximum work group time.

Real People, Real Lives

Linda shared the success stories of two MFP participants interviewed in Wilkes County yesterday. These stories came by way of Community Alternatives and Smoky Mountain LME/MCO and will be posted on the MFP website in the near future.

MFP Update and Discussion

Two handouts were distributed to the Roundtable including 1) MFP – NC Transitions, February 13, 2015 Update; and, 2) Policy Guidance: Sustainability Planning and 2016 Supplemental Award Process. These handouts are available upon request.

Comments/questions generated from the MFP Update report include:

- MFP has supported 497 transitions as of February 13, 2015
- Diane Upshaw reported on the Transition Year Stability Funds Spending and mentioned that there is a new form. Question about what constitutes pre-transition training? Answer: Primarily behavioral support planning in the I/DD population; can be used for training in skilled nursing facilities with aging/disability populations.
- Regarding the “Reasons Identified for Pre-Transition Withdrawals from MFP,” it was noted that sometimes service needs exceed capacity because there is higher acuity levels in NC skilled nursing facilities (SNFS).
- Noted that it was a tough year for CAP – DA (NCTracks and ECap) and momentum with Aging/Physical Disability populations was lower than expected. MFP has recently contracted with two new Transitions Coordinators through the Area Agencies on Aging in Regions A & P. Other reasons for lower numbers:
 - A decline in SNF referrals – (Lorrie Roth mentioned a great SNF turnout during recent MFP Lunch and Learn – 107!)
 - Need for follow-up re: PASSAR process (*Vivian Leon at DSOHF would be good contact on this topic for Lunch and Learn)
 - Issue of heavy caseloads – need to find a way to triage?
 - Could there be more done in screening process (i.e., know deductible situation, etc.)
 - Is it quality or quantity? Difficult to have both without army of Transition Coordinators (TCs)
 - Transition plan will help get care coordinators into place soon
 - Educate the SNF social workers
 - CAP DA criteria very particular for transitions determining LOC
 - What about “heavy care”? Considerations: 1) Efficiencies and effective use of funds; 2) Thorny issues of how to spend this time when some need much and some need little to transition and wait as long.
 - Local Contact Agency Options Counselors (LCAs) can give more information to the Transition Coordinator (TC)
 - Talent of the TC is very important

- Suggestion not to prioritize people. Rather, think about a faster track/slower track. The faster track/quicker successes are encouraging to the TC. If someone is on a slower track, perhaps another member of the transition team can engage (i.e., peer supporter) until the person is ready.
- Reminder of Independent Living philosophy: “Never do more than the person is willing to do themselves.”
- Housing is an important element in Track I or Track II – a lot of elements come into play for TCs. Helpful for them to know what they’re walking into.

Introductory Comments to MFP Sustainability Planning – Trish Farnham, NC MFP Director

- Priorities in next 5 years: 1) Continued Increase in Transition- Related Competencies; 2) People have improved access to housing options; 3) People’s family caregivers are effectively supported; 4) People participate in community life; 5) Agencies collaborate to effectively support the needs of an individual; and, 6) People have access to behavioral and medical supports needed
- What do we expect to do – sustained and finished. Looking at:
 1. Start-up funds (how to embed into waivers)
 2. Systemic sustainability i.e., LCA role (working with Steering Committee on this)
 3. Will continue to look at housing
 4. When do we end transitions? – 2017 or 2018 (group later selected 2018)
 5. CMS requiring a 4-year budget
 6. Funding Transition Coordinators – evaluation and distinction of role with case managers
 7. MFP will go away in 2020. DMA is supportive but the grant money will go away

Sustainability Planning Activities

During lunch and throughout the afternoon, MFP Roundtable participants were involved in a facilitated group process that resulted in steps towards sustainability around the aforementioned (six) priorities.

Notes from these activities along with a preliminary action plan, framing “next steps” for each priority within the timeframe of 2015 to 2020 are included as an attachment to these meeting notes. This attachment is named “MFP Sustainability Action Planning February 2015.”

Save the Date

MFP Roundtable Meeting: Friday, May 8, 2015 - location to be announced

Meeting was adjourned