North Carolina Department of Health and Human Services
Division of Medical Assistance
2501 Mail Service Center • Raleigh, N. C. 27699-2501 • Tel 919-855-4100 • Fax 919-733-6608

Beverly Eaves Perdue, Governor
Lanier M. Cansler, Secretary

Craigan L. Gray, MD, MBA, JD, Director

MEMORANDUM

TO: DMA Management & State Plan E-mail Subscribers

FROM: Teresa J. Smith, State Plan Coordinator

SUBJECT: Update to State Plan for Medical Assistance (167)

DATE: February 11, 2010

The following changes were made in the NC Medicaid State Plan manual. You may view the Plan on DMA's website at **http://www.ncdhhs.gov/dma/plan/index.htm** .

SPA# 09-017 This amendment revises Rehabilitation Services.

OLD PAGE(S): Attachment 3.1-A.1, Page 7c.1, Attachment 3.1-A.1, Page 7c.2, Attachment 3.1-A.1, Page 7c.3e, Attachment 3.1-A.1, Page 7c.4, Attachment 3.1-A.1, Page 7c.5, Attachment 3.1-A.1, Page 7c.6, Attachment 3.1-A.1, Page 7c.7, Attachment 3.1-A.1, Page 7c.8, Attachment 3.1-A.1, Page 15a.1, Attachment 3.1-A.1, Page 15a.3, Attachment 3.1-A.1, Page 15a.6, Attachment 3.1-A.1, Page 15a.16, and Attachment 4.19-B Supplement 1, Page 1a.

NEW PAGE(S): Attachment 3.1-A.1, Page 7c.1, Attachment 3.1-A.1, Page 7c.2, Attachment 3.1-A.1, Page 7c.3e, Attachment 3.1-A.1, Page 7c.4, Attachment 3.1-A.1, Page 7c.5, Attachment 3.1-A.1, Page 7c.5a, Attachment 3.1-A.1, Page 7c.6, Attachment 3.1-A.1, Page 7c.7, Attachment 3.1-A.1, Page 7c.8, Attachment 3.1-A.1, Page 15a.1, Attachment 3.1-A.1, Page 15a.3, Attachment 3.1-A.1, Page 15a.3a, Attachment 3.1-A.1, Page 15a.6, Attachment 3.1-A.1, Page 15a.16, and Attachment 4.19-B Supplement 1, Page 1a

NOTE: OLD PAGE Attachment 3.1-A.1, Page 7c.3 SPA 09-025 will not be posted on the website. It has an effective date of 07/01/2009. **It is attached for your files only.**

Do not discard the current Page Attachment 3.1-A.1, 7c.3 SPA 09-025 because it has an effective date of 10/01/09.

Feel free to contact me at (919) 855-4100 should you have questions or concerns.

TS/pwr

Attachment: Attachment 3.1-A.1, Page 7c.3 (SPA 09-017)

4.b.(8) Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services *(continued)*
Description of Services

(c) Community Supports Child (CS) (CFR 42 440.130(d))
Community Support services are community-based rehabilitative services and interventions necessary to treat children and adolescents 20 years old or younger to achieve their mental health and/or substance abuse recovery goals and to assist parents and other caregivers in helping children and adolescents build resiliency. These medically necessary services directly address the recipient's diagnostic and clinical needs, evidenced by the presence of a diagnosable mental, behavioral, and/or emotional disturbance (as defined by the DSM-IV-TR and its successors), with symptoms and effects documented in a comprehensive clinical assessment and a Person Centered Plan.

These services are designed to:

- enhance skills necessary to address the complex mental health and/or substance abuse symptoms of children and adolescents who have significant functional deficits due to these disorders, to promote symptom reduction and improve functioning in their daily environments;
- assist the child/adolescent and family in acquiring the necessary skills for reaching recovery from mental health and/or substance abuse disorders, for self management of symptoms and for addressing vocational, housing, and educational needs;
- link recipients to, and coordinate, necessary services to promote clinical stability and meet the mental health/substance abuse treatment, social, and other treatment support needs while supporting the emotional and functional growth and development of the child; and
- monitor and evaluate the effectiveness of delivery of all services and supports identified in the Person Centered Plan.