

NORTH CAROLINA
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF AGING AND ADULT SERVICES

Cost Allocation Plan
Effective 7/1/2013

**STATE OF NORTH CAROLINA
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF AGING AND ADULT SERVICES**

I. General Information

This plan has been developed in accordance with the cost principles and provisions of 45 CFR Part 74, Part 92 and Part 95 subpart E and OMB Circular A-87. Revisions in the plan will be submitted to the cognizant Federal agency whenever allocation methods shown in the plan become outdated due to organizational changes within the state agency, changes in federal law or regulations, or other similar changes.

Costs directly billed or allocated to the Division of Aging and Adult Services are cost allocated according to the Division's cost allocation plan.

The Aging and Adult Services program in North Carolina is state supervised and encompasses the following programs:

A. Federal Programs

1. Senior Farmer's Market Nutrition Program (SFMNP) CFDA#10.576
2. Emergency Solutions Grant Program, CFDA #14.231
3. Senior Community Service Employment Program (SCSEP) CFDA #17.235
4. Special Programs for the Aging-Title VII, Chapter 3, Programs for Prevention of Elder Abuse, Neglect and Exploitation CFDA #93.041
5. Special Programs for the Aging Title VII-Chapter 2 Long Term Care Ombudsman Services for Older Individuals, State Grants for LTC Ombudsman Program CFDA #93.042
6. Special Programs for the Aging - Title III- Part D Disease Prevention and Health Promotion Services CFDA #93.043
7. Special Programs for the Aging-Title III Part B-Grants for Supportive Services and Senior Centers CFDA #93.044
8. Special Programs for the Aging -Title III Part C-Nutrition Services CFDA #93.045
9. Special Programs for the Elderly Title IV and Title II, Discretionary Projects-Recovery CFDA #93.048
10. Alzheimer's Disease Demonstration Grants to States-Alzheimer's Demonstration Program CFDA #93.051
11. National Family Caregiver Support-Title III Part E CFDA #93.052
12. Nutrition Services Incentive Program CFDA #93.053
13. Lifespan Respite Care Program CFDA #93.072

14. Affordable Care Act (ACA) Personal and Home Care Aide State Training Program (PHCAST) CFDA #93.512
15. Affordable Care Act – Aging and Disability Resource Center (ACA ADRC) CFDA #93.517
16. Affordable Care Act – Medicare Improvements for Patients and Providers (ACA MIPPA) CFDA #93.518
17. Social Services Block Grant CFDA #93.667
18. Medical Assistance Program, Medicaid Title XIX CFDA #93.778
19. Centers for Medicare and Medicaid Services (CMS) Research, Demonstrations and Evaluations-CMS Research CFDA #93.779
20. Money Follows the Person Rebalancing Demonstration-Money Follows the Person Demonstration CFDA #93.791

B. State Appropriations and Local Funding

The budget and accounting system of the DAAS is based on a series of budget units or responsibility cost centers which have been used as a basis for this plan. The major divisions of responsibility are:

I. Fund 1110 - Administration

The Administration Section provides the executive management and administration of the DAAS.

The Administration Section is also responsible for the development of the State Aging Services Plan required by the NC General Assembly and the State's Title III plan required by the Older Americans Act.

In addition, the Administration Section is responsible for reviewing and assisting the work of Area Agencies on Aging (AAAs) in implementing their area plans and for providing technical assistance to local service providers and others. This includes support of local planning for the Home and Community Care Block Grant. The section also serves as a vehicle for identifying, developing, analyzing and presenting information that instructs, guides and supports the diverse work of the Division. Overall coordination of the DAAS website is the responsibility of this Section.

II. Fund 1160 – Preparedness – Aging and Adult Service Capacity Building

This Section provides training to help adult service workers and supervisors understand and address the needs of older adults and adults with disabilities and their families. This service is primarily contracted to the University of North Carolina Center for Aging Research and Education Services (UNC CARES).

III. Fund 1260 – Access Outreach – Aging Adults

This Section provides for services that assure older adults have access to consistent and accurate health and safety information. Senior Centers receive funding through AAAs to support and develop programming and general operations and to build, renovate or maintain senior center facilities. Funding is also provided to the AAAs to contract for and provide legal help with civil (non-criminal) matters for those age 60 or older who cannot afford to pay privately through legal services with Legal Aid of North Carolina and a few private attorneys. This fund includes the state administration of this service as well as the cost of the service.

IV. Fund 1270 – Quality Improvement – Wellness and Health Promotion

This section provides workshops in community settings for people with different chronic health problems to learn 1) techniques to deal with frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility and endurance, 2) appropriate use of medications 4) communicating effectively with family, friends and health professionals, 5) nutrition, and 6) making informed decisions. Senior Games provides year-round health promotion and education programs for adults 55 and older through local networks in all 100 counties. This fund includes state administration of this service as well as the cost of the service.

V. Fund 1370 – At Risk Family Health Benefits – Senior Nutrition

Congregate meals are served in a group setting, such as in a senior center or church hall. The meal (typically lunch) must meet 1/3 of the Recommended Daily Allowance (RDA) for nutrition. Services are available through the Home and Community Care Block grant (HCCBG) providers in counties and benefits adults age 60 and over with an emphasis on minorities and socially and economically needy seniors. Older adults who attend congregate meal sites and live in a county that is served by a state-certified farmer's market are also provided a voucher through the US Department of Agriculture to purchase fresh grown produce from market vendors.

Operation Fan Heat Relief (OFHR) provides fans through private contributions during the summer for those 60 and older whose health, safety and comfort is at risk from extended heat in their homes.

This fund includes state administration of this service as well as the cost of the service.

1410 – Adult Support – Adult Case Management & Counsel

Case Management and Counseling, provided by local county departments of social services, uses an array of services to help individuals and families live independently. Services include:

- Health Support Services to help recognize and understand health problems and locate appropriate treatment
- Personal and Family Counseling to help resolve problems and conflicts
- Individual and Family Adjustment Services to help cope with problems such as homelessness, school difficulties, drug addiction and alcoholism, and neglectful or abusive family members
- Representative Payee Services to manage money for people who are impaired
- Employment and Training Services to help people find and prepare for work
- Case Management Services to coordinate all of the above.

Case managers determine which services are best suited to meet the needs of the individuals or families. They assess all areas of functioning (such as mental and emotional health, the environment and social support systems of the person) and then develop a plan for services. They conduct quarterly reviews and annual reassessments and update service plans as needed. The service benefits adults, families and children who need services to live independently and is provided without regard to income. This fund includes the cost of state administration of this service. Funding for the actual service is the same fund code in the Division of Social Services' budget.

1451 – Adults Home Support – Community Based Services and Supports

The purpose of this fund is to provide services to older adults and their caregivers as provided for in the Federal Older Americans Act including: in-home aide services, adult day services, home repair, home health care, transportation and home-delivered meals. Funding is allocated to counties through AAAs. This fund includes state administration of this service as well as the cost of the service.

1452—Adults Home Support – Alzheimer’s and Dementia Support

The Alzheimer’s and Dementia Support Service provides outreach, information and referral, training and supportive services to individuals and families living with Alzheimer’s disease and related disorders. This service aims to help families provide quality long-term care in the home. The Project C.A.R.E. (Caregiver’s Alternative to Running on Empty) component employs family consultants with expertise in dementia to provide support services. The Family Caregiver Support Program (NFCSP) works in partnership with the AAAs, local service providers and trained volunteers. Basic services for family caregivers include: information and access to services, individual counseling, support groups and caregiver training, respite care to provide a break from care giving responsibility and supplemental services to assist in paying for a short-term or one-time service. This fund includes state administration of this service as well as the cost of the service.

1453-Adults Home Support – At Risk Case Management

This fund supports the state level policy development and oversight of At Risk Case Management. At Risk Case Management is a service that can improve or manage harmful situations and prevent further harm from occurring. Services are provided to disabled adults and families with children who have been abused, neglected, or exploited and are in need of protection and include Adult Placement Services to find substitute homes or residential care facilities when they are unable to remain in their current home.

The Adult Home Specialist Fund, also a part of this service, assists county departments of social services with financial support for monitoring adult care homes.

This fund includes the cost of state administration of this service. Funding for the actual service is the same fund code in the Division of Social Services’ budget.

1480 – Family Employment – Senior Community Service Employment

This service places older, low-income adults (age 55 and over, at or below 125% of the federal poverty level) who have poor employment prospects because of multiple factors such as lack of skills or transportation, low literacy or disabilities, with part-time assignments at locations such as social services agencies, health departments, councils on aging, nutrition sites and senior centers. Once they acquire new skills, they receive support and transition into the regular work force. This fund includes state administration of this service as well as the cost of the service.

1510- Protect Adult Support – Protection and Guardianship

This fund supports the state level policy development and oversight of Adult Protective Services (APS) and Guardianship. Service funding can be found in the same fund within the Division of Social Services' budget. Disabled or elderly adults who are abused, neglected or exploited can get help from Adult Protective Services (APS) and Guardianship assistance through the county departments of social services.

1550 – Out of Home Adults – Long Term Care Ombudsman

Long Term Care Ombudsman services respond to, investigate and attempt to resolve complaints from or on behalf of long term care residents, provide ongoing training and technical assistance and residents' rights training and other services. This fund includes state administration of this service as well as the cost of the service.

1570 – Out of Home Economic Support

State and County Special Assistance (SA) helps pay the cost of room and board in certain licensed residential care facilities for eligible individuals who are either 65 and older, disabled according to Social Security standards, or any age and legally blind. Some adults may be able to receive SA and remain at home. SA In-Home has limited availability in 91 of 100 counties. This fund includes the cost of state administration of this service. Funding for the actual service is the same fund code in the Division of Social Services' budget.