

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>FCL043028</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>03/26/2015</b>
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NAME OF PROVIDER OR SUPPLIER  <b>UNITED FAMILY CARE III</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>34 SHALLOW FORD ST CAMERON, NC 28326</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
C 000	Initial Comments  An initial survey was conducted onsite on March 26, 2015, by staff of the Adult Care Licensure Section.	C 000		
C 274	<p>10A NCAC 13G .0904(d)(3)(B) Nutrition and Food Service</p> <p>10A NCAC 13G .0904 Nutrition and Food Service (d) Food Requirements in Family Care Homes: (3) Daily menus for regular diets shall include the following: (B) Fruit: Two servings of fruit (one serving equals 6 ounces of juice; ½ cup of raw, canned or cooked fruit; 1 medium-size whole fruit; or ¼ cup dried fruit). One serving shall be a citrus fruit or a single strength juice in which there is 100% of the recommended dietary allowance of vitamin C in each six ounces of juice. The second fruit serving shall be of another variety of fresh, dried or canned fruit.</p> <p>This Rule is not met as evidenced by: Based on observations, interviews and record review, the facility failed to assure residents received 2 servings of fruit daily.</p> <p>The findings are:</p> <p>Resident interviews revealed the following: - We get 3 meals a day, plenty of food, but we are never served fruit juice or fresh fruit. - We never have juice or fresh fruit at home or at the day program. - We have fruit punch, kool-aid, or fruit-flavored soda instead of juice. - We have water, soda, and tea to drink. - I like to drink orange juice at breakfast, but we never get it. We get fruit punch instead. - I like fruit juice and fresh fruit, but the facility</p>	C 274		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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C 274	<p>Continued From page 1</p> <p>never serves them.</p> <ul style="list-style-type: none"> <li>- Sometimes we have canned fruit at the evening meal at home, mostly canned pears, peaches or fruit cocktail. I like real apples and bananas and oranges.</li> </ul> <p>Review of the facility's menu revealed 2 servings of fruit/fruit juice everyday.</p> <p>Observation made of the evening meal on 3/26/15 at 6:30pm revealed the residents were not served fruit or fruit juice.</p> <p>Observation of the facility food supply revealed no 100% fruit juice in stock.</p> <p>Interview with the Supervisor on 3/26/15 at 7:30pm revealed the following:</p> <ul style="list-style-type: none"> <li>- She was told to substitute fruit punch for juice at the breakfast meal by the owners.</li> <li>- Residents were served fruit punch or fruit-flavored soda instead of juice during the breakfast meal at the facility.</li> <li>- The residents liked the the fruit punch and sodas that were substituted to 100% fruit juice.</li> <li>- The day program served residents their noon meal. Sometimes canned fruit was part of the noon meal.</li> <li>- The Supervisor prepared and served the supper meal. Sometimes fruit was included in the evening menu, but facility staff would substitute cookies and other sweets that were available in the facility, on residents' requests.</li> <li>-The residents enjoyed the desserts or snacks that were substituted for fruit.</li> <li>- She cooked and served what was available in the facility.</li> <li>- She followed the planned menus as best she could, but often gave in to residents' requests to substitute sweet dessert items such as cookies or</li> </ul>	C 274		

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C 274	Continued From page 2  snack cakes for the canned fruit. - She had no receipts to verify fruit and 100% fruit juice was purchased for the facility residents. - There was rarely any fresh fruit or 100% fruit juice in the facility. Canned fruit was available. - She was not aware one of the two required fruit servings had to provide 100% of the required daily allowance for vitamin C in 6 ounces of single strength juice or in 1 serving of citrus fruit.	C 274		