

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HAL018032	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R-C 07/17/2015
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NAME OF PROVIDER OR SUPPLIER SPRINGS OF CATAWBA	STREET ADDRESS, CITY, STATE, ZIP CODE 2010 29TH AVENUE DRIVE NE HICKORY, NC 28601
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D 000	Initial Comments The Adult Care Licensure Section and the Catawba County Department of Social Services conducted a biennial, follow-up survey, and complaint investigation from 07/14/15 to 07/15/15, with an exit conference via telephone on 07/17/15.	D 000		
D 273	10A NCAC 13F .0902(b) Health Care 10A NCAC 13F .0902 Health Care (b) The facility shall assure referral and follow-up to meet the routine and acute health care needs of residents. This Rule is not met as evidenced by: TYPE A1 VIOLATION Based on record review and interviews the facility failed to assure referral and follow-up for one of four sampled residents with falls, (Resident #6), by not sending the resident out for medical evaluation after an unwitnessed fall. The findings are: Review of Resident #6's current FL2 dated 01/06/15 revealed: - Resident #6 had diagnoses that included Alzheimer's disease. - The resident was intermittently disoriented. - The resident was independent with ambulation and used a walker. Review of Resident #6's profile on admission to the Special Care Unit on 01/06/15 revealed: - The resident was independent with walking and	D 273		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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D 273	<p>Continued From page 1</p> <p>transfers but used a walker. - No history of falls.</p> <p>Review of Resident #6's quarterly Licensed Health Professional Support evaluation dated 05/07/15 revealed the resident ambulated without difficulty using a walker.</p> <p>Review of the resident's quarterly care plan, updated 06/30/15, revealed no change in ambulation or transfer abilities.</p> <p>Review of an Accident/Injury Report dated 07/06/15 at 2:30am revealed: - Resident #6 was found "on bottom sitting against bed". - Unwitnessed. - The resident was helped back to bed. - Vital signs: BP-160/70, pulse-52, and respirations-18. - No injuries present. - No first aid. - "left message" was checked for notification of physician and family member. - Name of person preparing report [Staff A], (Medication Aide/Supervisor).</p> <p>Review of an incident report dated 07/06/15 at 5:20am revealed: - Resident #6 was "found in bed unresponsive and vomiting". - No injury present. - Resident was transported to a local hospital. - "left message" was checked for notification of physician and family member. - Name of person preparing report [Staff A].</p> <p>Review of the hospital Admission and Discharge summary dated 07/06/15 revealed: - Resident #6 was unresponsive and admitted for</p>	D 273		

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D 273	<p>Continued From page 2</p> <p>further evaluation.</p> <ul style="list-style-type: none"> - The resident had mild dyspnea (labored breathing), regular heart rate and rhythm. - A computed tomography scan (an imaging test that creates detailed images) of the brain showed: "huge left hemispheric parenchymal hemorrhage; midline shift of brain due to hematoma." - The resident was placed on comfort measures and expired 07/07/15 at 3:35am. <p>A telephone interview conducted on 07/15/15 at 3:00pm and 07/16/15 at 11:45am, respectively, with Staff B (Personal Care Aide who had discovered Resident #6 had fallen) revealed:</p> <ul style="list-style-type: none"> - Staff B found the resident "sitting up on the floor, towards the foot of the bed... close to a chair ...kind of slumped over". - The resident said "she was OK... talked to us...said she just fell". - Staff B said she informed the supervisor (Staff A, who was in charge that night). - Staff A came in the room and asked the resident if she was OK, told Staff B to put the resident back to bed and check vital signs. - Staff B checked the resident and "she seemed fine". - Staff B stated Staff A found Resident #6 later that morning around 5:30am, in bed, unresponsive and had called 911. - The resident "had vomited some...was breathing/gurgling some". - The resident was rolled onto her side and her clothes were changed while waiting for EMS to arrive. - Staff B stated the facility's fall protocol was to never move a resident, get the Supervisor (who was supposed to check the resident), then proceed as directed. 	D 273		

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D 273	<p>Continued From page 3</p> <p>A telephone interview conducted on 07/16/15 at 11:30am with Staff C (Personal Care Aide who worked the night of Resident #6's fall) revealed:</p> <ul style="list-style-type: none"> - Staff C had only worked at the facility "about 2 weeks" as a Personal Care Aide. - Resident #6 was ambulatory and was not known to fall. - Staff C had not witnessed the fall but had been called to the resident's room by Staff B around 2:30am. - Staff C stated Resident #6 was on the floor, lying on her right side/hip and said "I am trying to get up." - The resident "sat up and we went and got [Staff A]". - "[Staff A] told us to check the resident's vital signs and put her back to bed". - The resident "grabbed her walker...stood on her own... we checked her over...no visible injures....then I saw a bruise on her right side/rib area... she was coherent." - Later around 5:30am, Staff C overheard Staff B saying something about Resident #6 and 911 having been called. By the time she got to the resident's room, the resident was "gurgling...clammy and cold...labored breathing....looked like she had vomited." - Staff C stated they rolled the resident on her side and the resident vomited more. - Staff C stated the facility's protocol for falls was to never move a resident until the Supervisor had checked the resident for injuries, if the fall had not been witnessed, 911 should be called and the resident "automatically sent out". <p>Numerous attempts were made to reach Staff A by telephone, all were unsuccessful.</p> <p>Review of the facility's Fall Policy (no date) revealed in part:</p>	D 273		

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D 273	<p>Continued From page 4</p> <ul style="list-style-type: none"> - Assess the resident. - If injury is apparent or possible, do not move the resident. - Call 911, if necessary. <p>Joint interview with the Administrator and the Regional Director of Operations (RDO) on 07/15/15 at 9:30am revealed:</p> <ul style="list-style-type: none"> - Staff were expected to automatically send residents out for medical evaluation for any head injury, anytime a resident's head was hit during a fall, or any unwitnessed fall. - All staff were expected to know to send a resident out when a fall was unwitnessed because this information was received upon hire, during orientation and discussed routinely every two weeks during stand up meetings. - Staff A had not followed the facility's fall protocol and failed to send Resident #6 out as the fall was unwitnessed. - Neglect was not considered, just a "bad decision" on Staff A's part. - Staff A had been removed from the Supervisor position immediately after the incident and had left employment soon thereafter. - Per the facility's Employee Safety Responsibilities, a resident should never be moved until evaluated by a nurse or Emergency Medical Person. <p>Review of Employee Safety Responsibilities revealed in part:</p> <ul style="list-style-type: none"> - When a fall occurs, no one should help him/her get up until a nurse or an EMT (Emergency Medical Technician from a 911 call) has assessed for injuries. - Staff A had signed and dated the Employee Safety Responsibilities on 01/12/15 verifying he had read and understood the rules listed above. 	D 273		

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D 273	<p>Continued From page 5</p> <p>Random interviews were conducted with numerous staff on all three shifts both days of the survey. All staff verbalized the correct protocol regarding facility's fall policy.</p> <p>A Plan of Protection was submitted by the facility on July 15, 2015 that included:</p> <ul style="list-style-type: none"> - Staff A was immediately removed from the Supervisor position after the incident and was no longer employed at the facility. - On July 07, 2015, all staff were inserviced on the Falls Policy regarding calling 911 for all unwitnessed falls or witnessed falls resulting in injury requiring more than first aide. - The Fall Policy will be reviewed daily at stand up meetings on each shift. - All falls must be reported to the ED or Care Manager immediately. - The Ombudsman will be scheduled regarding Resident's Rights Training and an inservice covering falls in the elderly will be completed. <p>THE CORRECTION DATE FOR THE TYPE A1 VIOLATION SHALL NOT EXCEED AUGUST 16, 2015.</p>	D 273		
D 438	<p>10A NCAC 13F .1205 Health Care Personnel Registry</p> <p>10A NCAC 13F .1205 Health Care Personnel Registry The facility shall comply with G.S. 131E-256 and supporting Rules 10A NCAC 13O .0101 and .0102.</p> <p>This Rule is not met as evidenced by: Based on interviews the facility failed to comply with G.S. 131E-256 and Rule 10A NCAC 130</p>	D 438		

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D 438	<p>Continued From page 6</p> <p>.0102 by not reporting neglect by a staff member to the Health Care Personnel Registry within 24 hours of an incident. (Staff A neglected to send Resident #6 out for medical evaluation after an unwitnessed fall).</p> <p>The findings are:</p> <p>Review of an Resident #6's current FL2, dated 01/06/15, revealed:</p> <ul style="list-style-type: none"> - Resident #6 had diagnoses that included Alzheimer's disease. - The resident was intermittently disoriented. - The resident was independent with ambulation and used a walker. <p>Review of an Accident/Injury Report dated 07/06/15 at 2:30am revealed:</p> <ul style="list-style-type: none"> - Resident #6 was found "on bottom sitting against bed". - Unwitnessed. - The resident was helped back to bed. - Vital signs: BP-160/70, pulse-52, and respirations-18. - No injuries present. - No first aid. - Message left with family member and physician. - Name of person preparing report [Staff A], (Medication Aide/Supervisor). <p>Review of an incident report dated 07/06/15 at 5:20am revealed:</p> <ul style="list-style-type: none"> - Resident #6 was "found in bed unresponsive and vomiting". - No injury present. - Resident was transported to the local hospital. - Name of person preparing report [Staff A]. <p>Review of the hospital Admission and Discharge summary dated 07/06/15 revealed:</p>	D 438		

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D 438	<p>Continued From page 7</p> <ul style="list-style-type: none"> - Resident #6 was unresponsive and admitted for further evaluation. - The resident had mild dyspnea (labored breathing), regular heart rate and rhythm. - A computed tomography scan (an imaging test that creates detailed images) of the brain showed: "huge left hemispheric parenchymal hemorrhage; midline shift of brain due to hematoma." - The resident was placed on comfort measures and expired 07/07/15 at 3:35am. <p>Review of the facility's Fall Policy (no date) revealed in part:</p> <ul style="list-style-type: none"> - Assess the resident. - If injury is apparent or possible, do not move the resident. - Call 911, if necessary. <p>Interviews with the Administrator and the Regional Director of Operations (RDO) on 07/15/15 at 9:30am and 3:30pm respectively, revealed:</p> <ul style="list-style-type: none"> - Staff were expected to automatically send residents out for medical evaluation for any head injury, anytime a resident's head was hit during a fall, or any unwitnessed fall. - All staff were expected to know to send a resident out when a fall was unwitnessed because this information was received upon hire, during orientation and discussed routinely every two weeks during stand up meetings. - If a fall was not witnessed, EMS (Emergency Medical Service) needed to check the resident and determine whether they need treatment. - Staff A had not followed the fall policy and failed to send Resident #6 out as the fall was unwitnessed. - Neglect was not considered, just a "bad decision" on Staff A's part and had not been 	D 438		

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D 438	Continued From page 8 reported to the HCPR for neglect.	D 438		
D914	<p>G.S. 131D-21(4) Declaration of Residents' Rights</p> <p>G.S. 131D-21 Declaration of Residents' Rights Every resident shall have the following rights: 4. To be free of mental and physical abuse, neglect, and exploitation.</p> <p>This Rule is not met as evidenced by: Based on interview and record review, the facility failed to assure that Resident #6 was free from neglect related to residents' rights and failed to send the resident out for medical evaluation after an unwitnessed fall per the facility's fall protocol.</p> <p>The findings are:</p> <p>Based on record review and interviews the facility failed to assure referral and follow-up for one of four sampled residents with falls, (Resident #6), by not sending the resident out for medical evaluation after an unwitnessed fall. [Refer to Tag D273, 10A NCAC 13F .0902(b) Health Care Referral and Follow-up (Type A1 Violation).]</p>	D914		