

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: FCL096003	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 11/10/2015
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NAME OF PROVIDER OR SUPPLIER STANCIL'S FAMILY CARE HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 781 OLD MT OLIVE HIGHWAY DUDLEY, NC 28333
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C 000	Initial Comments The Adult Care Licensure Section completed an annual and follow-up survey on November 10, 2015.	C 000		
C 246	<p>10A NCAC 13G .0902(b) Health Care</p> <p>10A NCAC 13G .0902 Health Care (b) The facility shall assure referral and follow-up to meet the routine and acute health care needs of residents.</p> <p>This Rule is not met as evidenced by: Based on observation, record review, and interview, the facility failed to contact the doctor or the paramedics to have the resident evaluated per there facility policy and procedure for 1 of 3 sampled residents (#1).</p> <p>The findings are:</p> <p>Interview with Resident #1 on 11/10/15 at 9:58 AM revealed that the resident fell about 2 months ago and hit her head.</p> <p>Review of Resident #1's resident notes revealed: -The Resident stumbled over her shoe and fell on the floor on 08/28/15. -The resident had a bump on the back of her head. -There was no broken skin on the resident. -She did not hurt anywhere on her body. -Ice was applied to the bump. -Staff checked on the resident through the night.</p> <p>Review of the facility's falls policy on 11/10/15 revealed: -The staff were to assess if the resident had any signs of bruising. -The staff were to assess if the resident had any</p>	C 246		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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C 246	<p>Continued From page 1</p> <p>lumps on the face or head.</p> <ul style="list-style-type: none"> -The staff were to assess if the resident was currently on an aspirin regimen. -If the resident answered yes to any of these questions a call to 911 was warranted. -Families or residents not allowed to refuse emergency medical services evaluation, but could refuse transport to the hospital. <p>Interview with a medication aide (MA) on 11/10/15 at 1:00 PM revealed:</p> <ul style="list-style-type: none"> -The MA was not working when Resident #1 fell but does recall the incident. -The MA was to notify the Administrator if a resident falls. -She checked the residents for any injuries and checked vital signs. -If the resident and hit their head she would have them sent out to get treatment. -The MA was not sure of the exact policy and procedure for a resident falling. <p>Interview with the Administrator on 11/10/15 at 1:05 PM revealed:</p> <ul style="list-style-type: none"> -The staff ask if the resident is ok and if they have any pain. -If the resident has pain or injuries they call 911. -When Resident #1 fell and bumped her head they applied an ice pack. -Resident #1 denied having any pain at time of fall. -The Administrator said that Resident #1 refused to go out and did not want 911 called. -The Administrator did not call 911 that night. -The Administrator felt that Resident #1 was ok and did not need further assistance. -The Administrator did not contact the MD or the family regarding the fall. <p>Interview with Resident #1 on 11/10/15 at 1:20</p>	C 246		

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C 246	Continued From page 2 PM revealed: -The resident fell at nighttime and hit her head on the end of the bed. -The staff assessed her to see if she was ok. -The resident told the staff that she was fine but she had some bruising. -The resident also said she told the staff she had a lump on the back of her head. -The staff did not ask Resident #1 if she wanted 911 called. -The staff checked on the resident throughout the night. -The staff gave Resident #1 an ice pack to put on her head.	C 246		
C 275	10A NCAC 13G .0904(d)(3)(C) Nutrition And Food Service 10A NCAC 13G .0904 Nutrition And Food Service (d) Food Requirements in Family Care Homes: (3) Daily menus for regular diets shall include the following: (C) Vegetables: Three servings of vegetables (one serving equals ½ cup of cooked or canned vegetable; 6 ounces of vegetable juice; or 1 cup of raw vegetable). One of these shall be a dark green, leafy or deep yellow three times a week. This Rule is not met as evidenced by: Based on observations, interviews, and record review, the facility failed to serve three servings of vegetables daily as listed on the registered dietician prepared menus for the facility. The findings are: Review of the facility menu for 11/10/2015 lunch meal posted in the kitchen revealed: -A handwritten menu.	C 275		

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C 275	<p>Continued From page 3</p> <ul style="list-style-type: none"> -The breakfast meal included cereal, toast, milk, juice, and coffee. -The dinner meal included barbecue chicken, potato salad, string beans, roll, and tea. -The supper meal included barbecue sandwich and tea. -Listed snacks for the day were cookies, crackers, tea, chips, and drink. -There were no vegetables planned for the supper meal. -There were no serving sizes listed for the foods to be served at any of the meals. <p>Interview with the Cook on 11/10/2015 at 11:00am revealed lunch (dinner) would be served at "about 11:55 {a.m.} or 12 o'clock."</p> <p>Observation of the residents on 11/10/2015 at 11:45am revealed:</p> <ul style="list-style-type: none"> -Two residents walking away from the kitchen. -Two residents finishing their meals in the kitchen. -One resident standing on the front porch. <p>Interview with the residents leaving the kitchen revealed they had just finished eating their lunch meal.</p> <p>Observation of the lunch (dinner) meal served to the sixth resident residing at the facility on 11/10/2015 at 11:55am revealed:</p> <ul style="list-style-type: none"> -The resident was served in a three section divided plate. -One of the small sections of the divided plate was filled with green beans. -A second small section of the divided plate was filled with potato salad. -The large section of the divided plate had one chicken drumstick and one roll. -There were no other vegetables served at the 	C 275		

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C 275	<p>Continued From page 4</p> <p>lunch meal.</p> <p>Interview with the Cook on 11/10/2015 at 12:00pm revealed:</p> <ul style="list-style-type: none"> -The Administrator and Cook prepared the menus based on the grocery list. -The Cook was not a dietician. -The Administrator was responsible for preparing the supper meal because the Cook worked until 4:00pm. <p>Interview with the Administrator on 11/10/2015 at 12:10pm revealed:</p> <ul style="list-style-type: none"> -The Administrator and the Cook always prepared the menus by what food was in stock. -The facility fed the residents what the residents liked to eat. -The residents were "light eaters especially at supper". -The facility had menus prepared by a registered dietician but the facility did not follow them. -The facility would be using the fall menu prepared by the dietician if the facility was using the dietician prepared menus. <p>Review of the fall cycle Registered Dietician prepared menu revealed:</p> <ul style="list-style-type: none"> -The resident's dinner meal included ½ cup serving of mixed vegetables. -The resident's dinner meal included 1 cup of tossed salad. -The resident's supper meal included ½ cup 3-bean salad. <p>Observation of the food supply on hand at the facility on 11/10/2015 revealed:</p> <ul style="list-style-type: none"> -A large supply of a variety of frozen vegetables. -A large supply of a variety of canned vegetables in a variety of can sizes. 	C 275		
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C 275	Continued From page 5 Interviews with residents on 11/10/2015 revealed residents were served vegetables two times a day.	C 275		
C 292	<p>10A NCAC 13G .0905 (d) Activities Program</p> <p>10A NCAC 13G .0905 Activities Program</p> <p>(d) There shall be a minimum of 14 hours of a variety of planned group activities per week that include activities that promote socialization, physical interaction, group accomplishment, creative expression, increased knowledge and learning of new skills. Homes that care exclusively for residents with HIV disease are exempt from this requirement as long as the facility can demonstrate planning for each resident's involvement in a variety of activities. Examples of group activities are group singing, dancing, games, exercise classes, seasonal parties, discussion groups, drama, resident council meetings, book reviews, music appreciation, review of current events and spelling bees.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the facility failed to develop a program of activities to promote residents' active involvement with each other and the community.</p> <p>The findings are:</p> <p>Observation during the initial tour of the facility on 11/10/2015 from 9:15am to 10.30am revealed: -One resident in the bedroom resting in the bed. -Four residents in the common area watching television. -No activity calendar posted in the facility.</p>	C 292		

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C 292	<p>Continued From page 6</p> <p>Interviews with 3 residents revealed: -There were no planned group activities offered at the facility. -Residents liked activities such as reading books, word find puzzle books, walking outside in the backyard of the facility, playing ball, bingo, shopping in the community, and going out to eat. -The residents sometimes played cards with each other while other residents watched. -Residents stayed in their rooms sometimes during the day. -Residents watched television in the dayroom.</p> <p>Observations on 11/10/2015 from 9:15am to 3:15pm revealed no activities were offered to the residents.</p> <p>Interview with the Administrator on 11/10/2015 at 1:35pm revealed: -There was no activity calendar posted at the facility. -The Administrator was responsible for developing the monthly activity calendar. -The Administrator used to prepare an activity calendar, but had stopped preparing one. -The facility did "spontaneous things" with the residents like going out to eat and shopping. -The residents went out at least two times a month. -A bus picked up those residents who wanted to go to church on Sundays. -Residents did "their own thing" at the facility. -Residents play cards and put puzzles together while other residents watched. -The Administrator knew the residents were supposed to have activities provided. -The Administrator was aware the facility was supposed to offer at least 14 hours weekly of planned activities.</p>	C 292		

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C 292	Continued From page 7 -The Administrator had just gotten out of the habit of preparing a monthly activity calendar. -The Administrator was doing an activity calendar last year but did not remember when the last activity calendar had been done.	C 292		