

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>HAL043022</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>11/13/2015</b>
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NAME OF PROVIDER OR SUPPLIER  <b>PINECREST GARDENS</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>1984 OLD US 421 LILLINGTON, NC 27546</b>
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D 000	Initial Comments	D 000		
D 283	<p>10A NCAC 13F .0904(a)(2) Nutrition and Food Service</p> <p>10A NCAC 13F .0904 Nutrition and Food Service (a) Food Procurement and Safety in Adult Care Homes: (2) All food and beverage being procured, stored, prepared or served by the facility shall be protected from contamination.</p> <p>This Rule is not met as evidenced by: Based on observation and interview, the facility failed to assure that food being served was protected from contamination.</p> <p>The findings are:</p> <p>During breakfast service on 11/13/2015 at 8:20 AM the following observations were made:</p> <ul style="list-style-type: none"> <li>- The residents took their plates to the kitchen door if they wanted additional food.</li> <li>- The kitchen staff wore food service gloves while serving food.</li> <li>- The kitchen staff took the resident's plate, often with her gloved thumb resting on the eating service of the plate.</li> <li>- The kitchen staff placed additional food on the plate using a serving utensil that was returned to the pan of remaining food on the hot bar.</li> <li>- The kitchen staff did not change food service gloves during the period of time observed.</li> <li>- Approximately 10-12 residents received "seconds" of different food items.</li> </ul> <p>Interview with Facility Manager and Resident</p>	D 283		

Division of Health Service Regulation  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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D 283	Continued From page 1  Care Coordinator (RCC) at 10:50 AM on 11/13/2015 revealed:  - The Facility Manager stated that the facility did not have enough plates to serve "seconds" on a clean plate. - The Facility Manager stated that she would place an order immediately for additional plates. - The Facility Manager stated that she would assure that, until extra plates arrive, food would be served in a safe manner. -The RCC will review how to serve food without risking contamination with the kitchen staff.	D 283		
D 358	10A NCAC 13F .1004(a) Medication Administration  10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with: (1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and (2) rules in this Section and the facility's policies and procedures.  This Rule is not met as evidenced by: Based on observation, interviews and record reviews, the facility failed to assure medications were administered as ordered by the licensed prescribing practitioner and in accordance with the facility's policies and procedures for 4 of 14 residents (#6,#7,#8, #9) observed during the medication pass which included errors with the administration of medications for diabetes, treatment of blood pressure, a calcium supplement and an iron supplement. The findings are:	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 2</p> <p>The medication error rate was 13% as evidence by observation of 4 errors out of 29 opportunities during the 4:00 pm/5:00 pm medication pass on 11/12/15 and the 8:00 am/9:00 am medication pass on 11/13/15.</p> <p>A. Review of Resident #6's FL-2 dated 7/31/15 revealed: -Diagnoses included cerebral palsy, mental retardation, osteoporosis and gastroesophageal reflux disease. -There was an order for Oyster Calcium 500mg twice a day with food. (Oyster Calcium is used to prevent and treat calcium deficiencies. Taking Calcium with food may increase the absorption of Calcium).</p> <p>Review of November 2015 medication administration record (MAR) revealed Oyster Calcium 500mg was scheduled to be administered twice a day at 8:00 am and 5:00 pm with food.</p> <p>Observation of the 4:00pm/5:00 pm medication pass on 11/12/15 revealed: -Resident #6 received his Oyster Calcium 500mg at 4:12 pm. -The medication aide did not offer any food with the resident's medication. -Oyster Calcium was not administered with food as ordered.</p> <p>Observation of the dinner meal on 11/12/15 revealed Resident #6 received his food at 5:23 pm.</p> <p>Observation, interview and record review revealed Resident #6 was not able to be interviewed.</p>	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 3</p> <p>Refer to Interview with the Medication Aide on 11/12/15 at 6:10 pm.</p> <p>Refer to interview with the Resident Care Coordinator (RCC) on 11/12/15 at 6:08 pm.</p> <p>Refer to interview with the Facility Manager on 11/12/15 at 6:20 pm.</p> <p>B. Review of Resident #7's FL-2 dated 7/14/15 revealed: -Diagnoses included chronic obstructive pulmonary disease, hypertension, coronary artery disease, cerebrovascular accident, atrial fibrillation, anxiety, depression and transient ischemia attack. -There was an order for Ferrous Sulfate 325mg twice a day with meals. (Ferrous Sulfate is used to treat iron deficiency anemia. Taking Ferrous Sulfate with food or meals may decrease stomach upset).</p> <p>Review of November 2015 medication administration record (MAR) revealed Ferrous Sulfate 325mg was scheduled to be administered twice a day at 8:00 am and 5:00 pm with meals.</p> <p>Observation of the 4:00pm/5:00 pm medication pass on 11/12/15 revealed: -Resident #7 received his Ferrous Sulfate 325mg at 4:25 pm. -The medication aide did not offer any food with the resident's medication. -Ferrous Sulfate was not administered with a meal as ordered.</p> <p>Observation of the dinner meal on 11/12/15 revealed Resident #7 received his food at 5:28 pm.</p>	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 4</p> <p>Interview with Resident #7 on 11/13/15 at 11:50 am revealed: -He always got his "black iron pill" before he ate dinner. -He did not report any stomach upset from taking the Ferrous Sulfate without food.</p> <p>Refer to Interview with the Medication Aide on 11/12/15 at 6:10 pm.</p> <p>Refer to interview with the Resident Care Coordinator (RCC) on 11/12/15 at 6:08 pm.</p> <p>Refer to interview with the Facility Manager on 11/12/15 at 6:20 pm.</p> <p>C. Review of Resident #8's FL-2 dated 6/16/15 revealed: -Diagnoses included abdominal pain, mental retardation, hyperglycemia, leukocytosis and diverticulitis. -There was an order for Metformin 850mg 3 times a day with meals. (Metformin is used to treat type 2 diabetes. Metformin should be taken with food to decrease or prevent gastrointestinal side effects).</p> <p>Review of November 2015 medication administration record (MAR) revealed Metformin 850mg was scheduled to be administered 3 times a day at 8:00 am, 12:00 pm and 5:00 pm with meals.</p> <p>Observation of the 4:00pm/5:00 pm medication pass on 11/12/15 revealed: -Resident #8 received his Metformin 850mg at 5:08 pm. -The medication aide did not offer any food with the resident's medication.</p>	D 358		

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D 358	<p>Continued From page 5</p> <p>-Metformin was not administered with a meal as ordered.</p> <p>Observation of the dinner meal on 11/12/15 revealed Resident #8 received his food at 5:31 pm.</p> <p>Observation, interview and record review revealed Resident #8 was not able to be interviewed.</p> <p>Refer to Interview with the Medication Aide on 11/12/15 at 6:10 pm.</p> <p>Refer to interview with the Resident Care Coordinator (RCC) on 11/12/15 at 6:08 pm.</p> <p>Refer to interview with the Facility Manager on 11/12/15 at 6:20 pm.</p> <p>D. Review of Resident #9's FL-2 dated 4/28/15 revealed: -Diagnoses included diabetes mellitus, chronic obstructive pulmonary disease, hyperlipidemia, hypertension, sleep apnea, congestive heart failure, coronary artery disease and depression. -There was an order for Coreg 6.25mg twice a day with food. (Coreg is for heart/blood pressure. Coreg should be given with food to slow the rate of absorption and reduce the incidence of orthostatic effects, or low blood pressure when standing).</p> <p>Observation of the 4:00pm/5:00 pm medication pass on 11/12/15 revealed: -Resident #9 received his Coreg 6.25 mg at 5:14 pm. -The medication aide did not offer any food with the resident's medication. -Coreg was not administered with food as</p>	D 358		

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D 358	<p>Continued From page 6</p> <p>ordered.</p> <p>Observation of the dinner meal on 11/12/15 revealed Resident #9 received her food at 5:31 pm.</p> <p>Interview with Resident #9 on 11/13/15 at 10:00 am revealed she was always given a medication before she went to the dining room for dinner.</p> <p>Refer to Interview with the Medication Aide on 11/12/15 at 6:10 pm.</p> <p>Refer to interview with the Resident Care Coordinator (RCC) on 11/12/15 at 6:08 pm.</p> <p>Refer to interview with the Facility Manager on 11/12/15 at 6:20 pm.</p> <hr/> <p>Interview with the Medication Aide on 11/12/15 at 6:10 pm revealed:</p> <ul style="list-style-type: none"> <li>-Meals were served at 8:00 am, 12:00 pm and 5:00 pm.</li> <li>-Dinner was late today (11/12/15).</li> <li>-She always gives medications at the same time she did today (11/12/15).</li> <li>-She thought she had 1 hour before and 1 hour after the scheduled time to administer all medications.</li> </ul> <p>Interview with the Resident Care Coordinator (RCC) on 11/12/15 at 6:08 p.m. revealed:</p> <ul style="list-style-type: none"> <li>-The facility's policy was to administer medications ordered with meals after the resident eats their meal.</li> <li>-The facility's policy was to administer medications ordered with food with a snack.</li> <li>-Snacks are kept in the medication room and the kitchen and are available for the medication aides</li> </ul>	D 358		

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D 358	Continued From page 7  to use.  Interview with the Facility Manager on 11/12/15 at 6:20 pm revealed: -The pharmacy trained medication aides on how to administer medications. -The pharmacy adjusted times to ensure medications were given in a timely manner. -Meal times are 8:00 am, 12:00 pm and 5:00 pm. -If a medication was ordered to be given with food the medication aide should have provided a snack if it was not at a meal time.	D 358		