

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: FCL039015	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 04/19/2016
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NAME OF PROVIDER OR SUPPLIER SHADE TREE FCH	STREET ADDRESS, CITY, STATE, ZIP CODE 114 WARD AVENUE OXFORD, NC 27565
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C 000	Initial Comments	C 000		
C 269	<p>10A NCAC 13G .0904 (c-6) Nutrition And Food Service</p> <p>10A NCAC 13G .0904 Nutrition And Food Service</p> <p>Menus in Family Care Homes:</p> <p>(6) Menus for all therapeutic diets shall be planned or reviewed by a registered dietitian. The facility shall maintain verification of the registered dietitian's approval of the therapeutic diets which shall include an original signature by the registered dietitian and the registration number of the dietitian.</p> <p>This Rule is not met as evidenced by: Based on observation, record review, and staff interview, the facility failed to have a therapeutic diet menu prepared or reviewed by a registered dietitian for 1of 1 sampled residents (Resident #1) having a physician ordered no added sugar (NAS) diet.</p> <p>The findings are:</p> <p>Observation on 4/19/16 at 11:10 am of the facility's kitchen revealed there were no menus or therapeutic diets posted for the preparation of resident meals.</p> <p>Interview on 4/19/16 at 11:15 am with the facility Administrator revealed: - She was responsible for purchasing the facility's</p>	C 269		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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C 269	<p>Continued From page 1</p> <p>foods and preparing the meals.</p> <ul style="list-style-type: none"> - The facility had one resident (Resident #1) having a physician's order for a no added sugar (NAS) diet. - The Administrator kept a set of regular diet menus, but they were not prepared or reviewed by a registered dietitian. <p>Observation on 4/19/16 at 11:23 am of Resident #1 revealed she was eating a snack of cheese and crackers and drinking water.</p> <p>Interview on 4/19/15 at 11:25 am with Resident #1 revealed:</p> <ul style="list-style-type: none"> - The resident was enjoying her snack of cheese and crackers as it was one of her favorite foods. - She also enjoyed snacks of fruit and half sandwiches. - She had been at the facility for a little over 2 weeks and was excited to be there, the meals were very good. <p>Record review for Resident #1 revealed on 3/30/16 the resident's primary care physician (PCP) ordered a "no added sugar" (NAS) diet for the resident.</p> <p>Observation of the lunch meal revealed:</p> <ul style="list-style-type: none"> - Resident #1 was served a grilled pimento cheese sandwich, 1/2 banana, 8 oz. milk, 8 oz. water, and a vanilla cookie. - The resident ate 100 % of the meal. <p>Without a matching dietitian's therapeutic menu, it could not be determined if an appropriate therapeutic diet was being served.</p> <p>Interview on 4/19/16 at 3:55 pm with the Administrator revealed:</p> <ul style="list-style-type: none"> - On 12/20/14 the Administrator consulted with a 	C 269		

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C 269	<p>Continued From page 2</p> <p>state agency about starting a family care home.</p> <ul style="list-style-type: none"> - She was advised to have a Registered Dietitian's (RD) planned therapeutic diet and menu for residents. - The Administrator was a Registered Nurse (RN), consulted with a dietitian at a local hospital, and made her own 4-week cycle of menus for regular diets for residents. <p>Observation on 4/19/16 at 4:10 pm of the Administrator's regular menu plan revealed:</p> <ul style="list-style-type: none"> - A daily 3 meal and 3 snack plan for week cycles 1, 2, 3, and 4. - Servings listed included amounts for single servings of foods and liquids. - Menu Requirements were: <ul style="list-style-type: none"> - Mealtimes - Breakfast 8 am, Lunch 12pm, Dinner 6 pm; Snacks at 10 am, 2 pm, and 8pm. - Water - 6 oz. served with each meal. - Whole Milk - 8 oz. served 2 times a day. - Fruit - 2 servings daily to include 1 citrus or 100 % Vitamin C (juice) 6 oz. - Vegetables - served 3x daily to include: 1/2 c. of cooked or canned, 6 oz. vegetable juice, 1 c. raw vegetables, dark green, leafy or deep yellow 3x per week. - Eggs - 1 whole 3x per week. - Protein - 2-3 oz. pure cooked meat at least 2x per day for a minimum of 4 oz. with substitutions of 4 T. peanut butter, 1c. cooked dried peas or beans, 2 oz. pure cheese. - Cereals and Breads - 6 servings including 1 slice of bread, 1/2 bagel, 2 oz. cornbread, 1 English muffin, 1 hamburger or hotdog bun, 1 1/2 oz. muffin, 1 oz. roll, 2 oz. biscuit 1 waffle, pancake, pita, tortilla. <p>Interview on 4/19/16 at 4:15 pm with the Administrator revealed:</p> <ul style="list-style-type: none"> - She did not consult with an RD for the 	C 269		

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C 269	Continued From page 3 preparation of resident diets before admitting Resident #1. - The Administrator modified the regular menu for Resident #1's ordered no added sugar diet by using no added sugar canned fruits, jello, tea, and lemonade. - She planned to consult with an RD tomorrow (4/20/16) to get a set of menus for Resident #1 and therapeutic diets the facility would offer. - She would have the RD prepared diet plans completed before admitting more residents.	C 269		
C 270	10A NCAC 13G .0904 (c-7) Nutrition And Food Service 10A NCAC 13G .0904 Nutrition And Food Service Menus in Family Care Homes: (7) The facility shall have a matching therapeutic diet menu for all physician-ordered therapeutic diets for guidance of food service staff. This Rule is not met as evidenced by: Based on observation, interview and record review, the facility failed to have a matching therapeutic diet menu for a no added sugar diet for 1 of 1 sampled residents (Resident #1). The findings are: Review of Resident #1's current FL-2 dated 3/29/16 revealed: - The resident's date of birth was 4/07/1926. - The resident was admitted to the facility on 3/30/16. - Diagnoses included dementia, diabetes type II, hypertension, dehydration. - Fingerstick blood sugars (FSBS) once daily.	C 270		

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C 270	<p>Continued From page 4</p> <ul style="list-style-type: none"> - Diet order of 1800 calorie ADA (changed by physician order on 3/30/16 to no added sugar diet). <p>Observation on 4/19/16 at 11:10 am of the facility's kitchen revealed there was no posted resident menu or therapeutic diet information for Resident #1.</p> <p>Interview on 4/19/16/at 11:15 am with the facility Administrator revealed:</p> <ul style="list-style-type: none"> - She was responsible for purchasing the facility's foods and preparing the meals. - The facility had one resident (Resident #1) having a physician's order for a no added sugar (NAS) diet. - The Administrator did not have diets prepared by a registered dietitian or a matching therapeutic menu of no added sugar for Resident #1. - For Resident #1, a regular diet was served that included no added sugar foods and beverages. - The resident's blood sugar ranges were usually between 140-150 (normal FSBS range is 80-120). - Resident #1 saw her PCP on 4/18/16, was told she was doing well, and no changes were made in her plan of care; her next routine appointment was for 5/02/16. <p>Observation on 4/19/16 at 11:25 am of the food supply revealed no added sugar canned fruits, lemonade, and jello.</p> <p>Observation on 4/19/16 at 11:28 am of Resident #1 revealed she was eating a snack of cheese and crackers and drinking water.</p> <p>Interview on 4/19/15 at 11:30 am with Resident #1 revealed:</p> <ul style="list-style-type: none"> - The resident enjoyed her snack of cheese and 	C 270		

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C 270	<p>Continued From page 5</p> <p>crackers, it was one of her favorite foods.</p> <ul style="list-style-type: none"> - She also enjoyed snacks of fruit and half sandwiches. - She had been at the facility for a little over 2 weeks and was excited to be there, the meals were very good. <p>Observation of the lunch meal revealed:</p> <ul style="list-style-type: none"> - Resident #1 was served a grilled pimento cheese sandwich, 1/2 banana, 8 oz. milk, 8 oz. water, and a vanilla cookie. - The resident ate 100 % of the meal. <p>Review of Resident #1's FSBS log for April, 2016 revealed:</p> <ul style="list-style-type: none"> - The resident's FSBS on 4/01/16 (day after admission) was 346. - The accucheck ranges for 4/02/16 to 4/19/16 were 132-151. - The facility policy for FSBS parameters was for FSBS less than 70 or greater than 350, call the physician. - The Administrator did not need to call the PCP about FSBS after 4/01/16. <p>Review of Resident #1's medication administration record (MAR) revealed the resident was prescribed a oral medication, Metformin, 500 mg twice a day for diabetes management.</p> <p>Record Review for Resident #1 revealed:</p> <ul style="list-style-type: none"> - Labwork drawn at PCP appointment on 4/18/16 documented a hemoglobin A1c of 9.2 % (a measure of blood glucose for the past 3 months, 7% being recommended for persons with diabetes). - No changes in plan of care were made by the physician, the next appointment was set for 5/02/16. 	C 270		

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C 270	<p>Continued From page 6</p> <p>Attempted interview with Resident #1's PCP was unsuccessful.</p> <p>Interview on 4/19/16 at 3:55 pm with the Administrator revealed:</p> <ul style="list-style-type: none"> - She had been advised before admitting residents to the facility to consult with a Registered Dietitian (RD) for therapeutic diets and menus for residents. - She consulted with a dietitian at a local hospital and made her own menu plan. - An RD would be contacted the next day (4/20/16) to obtain an approved set of therapeutic diet menus for Resident #1. 	C 270		