



# State-approved Curriculum NURSE AIDE I TRAINING PROGRAM

**July 2013**  
**Module F**



North Carolina Department of Health and Human Services  
Division of Health Service Regulation  
Health Care Personnel Registry Section  
Center for Aide Regulation and Education  
NC DHHS is an equal opportunity provider and employer.

**Module F – Dignity  
Teaching Guide**

**Objectives**

- Identify caring behaviors consistent with treating a resident with dignity.

**Advance Preparation – In General**

- Review curriculum and presentation materials
- Add examples or comments to Notes Section
- Set up computer/projector

**Advance Preparation – Activities**

- **#1F Dignity Activity:** Decide how to divide students into 2 to 4 groups.

**Module F – Dignity  
Definition List**

**Dignity** – quality or state of being worthy of esteem or self-respect

**Empathy** – identifying with and understanding the feelings of another, without feeling sorry for the person

<b>Module F – Dignity</b>	
<p><b>(S-1) Title Slide</b>  <b>(S-2) Objectives</b>                      1. Identify caring behaviors consistent with treating a resident with dignity.</p>	
Content	Notes
<p><b>(S-3) Dignity – Definition (of Dignity)</b></p> <ul style="list-style-type: none"> <li>• Quality or state of being worthy of esteem or self-respect</li> <li>• An important component in OBRA’s Residents’ Rights</li> </ul> <p><b>Dignity – Key Terms</b></p> <ul style="list-style-type: none"> <li>• Empathy – identifying with and understanding the feelings of another, without feeling sorry for the person</li> <li>• Resident’s Rights – are included in OBRA (1987) and spell out how residents MUST be treated while living in a long-term care facility</li> </ul>	
<p><b>(S-4) Dignity – Importance</b></p> <ul style="list-style-type: none"> <li>• Promotes sense of self-importance</li> <li>• Promotes quality of life</li> <li>• Promotes feelings of positive self-worth</li> <li>• Guides nurse aide in giving care</li> </ul>	
<p><b>(S-5) Dignity – Nurse Aide’s Role</b></p> <ul style="list-style-type: none"> <li>• Meet resident’s physical, social, emotional, intellectual and spiritual needs</li> <li>• Explain procedure to resident before beginning task</li> <li>• Respect resident’s room and personal things</li> <li>• Be patient and do not rush resident</li> <li>• Encourage resident to make as many decisions as possible</li> </ul>	
<p><b>(S-6) Dignity – Nurse Aide’s Role</b></p> <ul style="list-style-type: none"> <li>• Refrain from judging the resident</li> <li>• Be positive, supportive, and encouraging</li> <li>• Be familiar with preferences</li> <li>• Be empathetic</li> <li>• Listen carefully and be aware of unusual gestures</li> </ul>	
<p><b>(S-7) Dignity – Nurse Aide’s Role</b></p> <ul style="list-style-type: none"> <li>• During interactions with resident, assist resident to maintain and enhance self-esteem and self-worth by                             <ul style="list-style-type: none"> <li>○ Respecting resident’s social status, speaking respectfully, listening carefully, treating residents with respect</li> <li>○ Focusing on residents as individuals when talking with them and addressing residents as individuals when providing care</li> <li>○ Assisting residents to attend activities of own choosing</li> <li>○ Respecting resident’s private space and property – HOW?</li> </ul> </li> </ul>	
<p><b>(S-8) Dignity – Nurse Aide’s Role</b></p> <ul style="list-style-type: none"> <li>• How can a nurse aide demonstrate respectful behaviors toward a resident’s private space and property?                             <ul style="list-style-type: none"> <li>○ By not changing the radio or television station without the</li> </ul> </li> </ul>	

<b>Module F – Dignity</b>	
<p style="padding-left: 40px;">resident’s permission</p> <ul style="list-style-type: none"> <li>○ By knocking on doors and requesting permission to enter</li> <li>○ By closing doors as requested by resident</li> <li>○ By not moving or inspecting resident’s personal possessions without permission</li> </ul>	
<p><b>(S-9) Dignity – Points to Remember</b></p> <ul style="list-style-type: none"> <li>● Promotion of dignity is constant and on-going</li> <li>● Should always be respectful – whether in communication or in performance of resident skills</li> <li>● Essential for every nurse aide activity</li> <li>● Resident’s dignity is valued if nurse aide gives appropriate, compassionate and effective care</li> </ul>	
<p><b>(S-10) THE END</b></p>	
<p><b>ACTIVITY #1F: Dignity (Group)</b></p> <p>Divide class into 2 to 4 groups. Require each group to select a recorder who writes down comments; and a reporter who shares responses from the group. Ask groups to discuss methods that will promote dignity for the following residents:</p> <ul style="list-style-type: none"> <li>● A resident who is newly admitted, has limitations that include right-sided weakness, with speech impediment</li> <li>● A resident with Alzheimer’s disease frequently does not know family, but is ambulatory</li> <li>● A resident who was in a car accident and has two broken arms needs extensive rehabilitation before returning home</li> <li>● A frail female with early dementia who has no visitors, frequently talks of the early years and family members who are already deceased</li> </ul> <p>Ask each reporter to share responses.</p>	