State-approved Curriculum
NURSE AIDE I TRAINING PROGRAM
July 2013
Module F
Module F

Module F – Dignity
Teaching Guide

Objectives

- Identify caring behaviors consistent with treating a resident with dignity.

Advance Preparation – In General

- Review curriculum and presentation materials
- Add examples or comments to Notes Section
- Set up computer/projector

Advance Preparation – Activities

- #1F Dignity Activity: Decide how to divide students into 2 to 4 groups.
Module F

**Module F – Dignity**

**Definition List**

**Dignity** – quality or state of being worthy of esteem or self-respect

**Empathy** – identifying with and understanding the feelings of another, without feeling sorry for the person
### Module F – Dignity

#### (S-1) Title Slide

#### (S-2) Objectives

1. Identify caring behaviors consistent with treating a resident with dignity.

#### Content

<table>
<thead>
<tr>
<th>(S-3) Dignity – Definition (of Dignity)</th>
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<tbody>
<tr>
<td>- Quality or state of being worthy of esteem or self-respect</td>
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<tr>
<td>- An important component in OBRA’s Residents’ Rights</td>
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**Dignity – Key Terms**

- Empathy – identifying with and understanding the feelings of another, without feeling sorry for the person
- Resident’s Rights – are included in OBRA (1987) and spell out how residents MUST be treated while living in a long-term care facility

#### (S-4) Dignity – Importance

- Promotes sense of self-importance
- Promotes quality of life
- Promotes feelings of positive self-worth
- Guides nurse aide in giving care

#### (S-5) Dignity – Nurse Aide’s Role

- Meet resident’s physical, social, emotional, intellectual and spiritual needs
- Explain procedure to resident before beginning task
- Respect resident’s room and personal things
- Be patient and do not rush resident
- Encourage resident to make as many decisions as possible

#### (S-6) Dignity – Nurse Aide’s Role

- Refrain from judging the resident
- Be positive, supportive, and encouraging
- Be familiar with preferences
- Be empathetic
- Listen carefully and be aware of unusual gestures

#### (S-7) Dignity – Nurse Aide’s Role

- During interactions with resident, assist resident to maintain and enhance self-esteem and self-worth by
  - Respecting resident’s social status, speaking respectfully, listening carefully, treating residents with respect
  - Focusing on residents as individuals when talking with them and addressing residents as individuals when providing care
  - Assisting residents to attend activities of own choosing
  - Respecting resident’s private space and property – HOW?

#### (S-8) Dignity – Nurse Aide’s Role

- How can a nurse aide demonstrate respectful behaviors toward a resident’s private space and property?
  - By not changing the radio or television station without the
## Module F – Dignity

<table>
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<th>resident’s permission</th>
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<td>o By knocking on doors and requesting permission to enter</td>
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<tr>
<td>o By closing doors as requested by resident</td>
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<tr>
<td>o By not moving or inspecting resident’s personal possessions without permission</td>
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### (S-9) Dignity – Points to Remember
- Promotion of dignity is constant and on-going
- Should always be respectful – whether in communication or in performance of resident skills
- Essential for every nurse aide activity
- Resident’s dignity is valued if nurse aide gives appropriate, compassionate and effective care

### (S-10) THE END

**ACTIVITY #1F: Dignity (Group)**

Divide class into 2 to 4 groups. Require each group to select a recorder who writes down comments; and a reporter who shares responses from the group. Ask groups to discuss methods that will promote dignity for the following residents:

- A resident who is newly admitted, has limitations that include right-sided weakness, with speech impediment
- A resident with Alzheimer’s disease frequently does not know family, but is ambulatory
- A resident who was in a car accident and has two broken arms needs extensive rehabilitation before returning home
- A frail female with early dementia who has no visitors, frequently talks of the early years and family members who are already deceased

Ask each reporter to share responses.