

# **N.C. Nurse Aide I Curriculum**

## **MODULE Q**

### **Person-centered Care**

# Objectives

- Define person-centered care.
- Describe the characteristics of a facility incorporating person-centered care.

# Person-centered Care

**Is the practice of basing resident care on individual resident needs, preferences and expectations**

# Person-centered Care – Goals



- To see the person as a unique individual
  - To respect skills and abilities
- To support the person to be successful and maintain independence
  - To help the person meet needs for attachment, inclusion, occupation and comfort
- To support the person as a member of a community

# Person-centered Care – Relationships

Tasks are important  
in health care...



.....but what matters  
most are relationships

# Person-centered Care – Importance

Where a person lives is the person's



...and should be made more like a home  
through person-centered care

# Person-centered Care – Nurse Aide's Role

- Federal regulations support person-centered care and quality of life
- Caregiver behaviors that encourage person-centered care include.....



# Person-centered Care – Nurse Aide's Role

Putting  
person-  
centered  
care into  
practice



# Person-centered Care – Relationships

**It is through relationships that we come**



**to understand  
ourselves, co-  
workers and  
residents better**

# Person-centered Care – Goals



- To see the person as a unique individual
  - To respect skills and abilities
- To support the person to be successful and maintain independence
  - To help the person meet needs for attachment, inclusion, occupation and comfort
- To support the person as a member of a community

# The End