

Focus on Fluoride Varnish

Your child had a fluoride varnish treatment today so his/her teeth will not look as bright and shiny as usual. They will look normal tomorrow when the fluoride varnish is brushed off, leaving its protective effect.

FOR THE BEST RESULTS:

- Give your child soft food for the rest of the day.
- Wait until tomorrow to brush your child's teeth.
- Brush your child's teeth twice a day with a smear of fluoride toothpaste on a small, soft bristled toothbrush.
- Start dental visits early.

Thank you for bringing your child today!



State of North Carolina, Pat McCrory, Governor • Department of Health and Human Services, Richard O. Brajer, Secretary • Division of Public Health • Oral Health Section
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