

North Carolina  
**Be Smart.**  
*Family Planning*

Congratulations!

You have been approved for the North Carolina Be Smart insurance program. You applied for the Be Smart program as part of a Health Choice application. The Be Smart program will pay for Family Planning Services only. You can receive pregnancy tests, tests for STDs, most types of birth control, and help in planning when to have a baby. Also, if you choose, you can be sterilized (have your tubes tied or have a vasectomy).

To start receiving free family planning services, you will need to schedule an appointment to get a yearly family planning exam. You can make an appointment for these services at your local health department, health center/clinic or a doctor's office. To find someone near you that takes your Be Smart insurance, call 1-800-367-2229 or go to the website at <http://www.ncdhhs.gov/dma>.

You will get your Be Smart insurance card in the mail. It will look like the regular Medicaid card, but will have on it the words, "Family Planning Waiver Only." You will get a new card every month. If you want to keep the Be Smart insurance for more than one year, you will need to re-apply next year.

Again, Be Smart Medicaid does not cover the same services that regular Medicaid does. Only birth control and family planning services are covered. If you have any questions about what is covered, please call 1-800-367-2229.

Please make your first appointment for your yearly family planning exam soon. Be Smart will help you stay healthy for yourself and your family.

