

## TEEN PREGNANCY PREVENTION AND HEALTHY MARRIAGE INITIATIVES FACT SHEET

### *Teen Pregnancy Prevention*

The mission is to improve the well-being of children, youth and families, by preventing unplanned teen pregnancy.

- Teens that become pregnant are less likely to attend college.
- Girls born to teen mothers are more likely to become teen mothers themselves.
- Boys born to teen moms are more likely to end up in prison.
- Teen fathers have increased risk of alcohol and substance abuse, lower educational levels, and reduced earning potential.

Teen Pregnancy Prevention will help to ensure that children are born into a stable, two-parent family who are committed to and ready for the demanding task of parenting the next generation.

For more information, please contact your local county health department, call the CARELINE at 1-800-662-7030 or visit the following websites: [www.teenpregnancy.ncdhhs.gov](http://www.teenpregnancy.ncdhhs.gov) and [www.thenationalcampaign.org](http://www.thenationalcampaign.org).

### *Healthy Marriages*

The mission is to help couples, who have chosen marriage for themselves, gain greater access to marriage education services, on a voluntary basis, where they can acquire the skills and knowledge necessary to form and sustain a healthy marriage.

#### GOALS

- Decrease divorce rates
- Increase marital satisfaction and stability
- Increase the number of children living in two-parent households
- Decrease the number of out of wedlock births
- Increase child well-being

#### THE BENEFITS FOR ADULTS

- Classes on healthy strategies for addressing relationship conflict.
- Classes on increasing interpersonal understanding.
- Reduced risk of poverty for self and family
- Better emotional and physical health
- Longer life expectancy
- Higher productivity at work

#### THE BENEFITS FOR CHILDREN

- Decreased risk for juvenile delinquency and school failure
- Increased chance of graduating from college
- Reduced risk of alcohol and substance abuse
- Reduced risk of child abuse

For more information about programs and services available, please contact your local community based Family Resource Center, call the CARELINE at 1-800-662-7030 or visit the following websites: <http://www.healthymarriageinfo.org/programs/northcarolina.cfm> and [www.acf.hhs.gov/healthymarriage](http://www.acf.hhs.gov/healthymarriage).

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