



## *Did you know?*

The Americans with Disabilities Act (ADA) may protect people who have:

- Problems walking, standing, sitting
- Problems seeing, hearing, or talking
- Mental health problems (such as depression, anxiety, bipolar disorder, etc.)
- Learning problems (such as reading, writing, or doing math)
- Diseases (diabetes, seizures, asthma, heart disease, cancer)
- History of drug or alcohol addiction
- Other health conditions

If you have one or more of these conditions, you may have a right to:

- Help with filling out applications and getting any needed verification
- Home visits if you are unable to come into the office
- Be allowed more time to do things
- Be referred to services that can help you
- Help asking for a grievance or fair hearing
- Other types of accommodations

If you need one of these things, ask your worker or the receptionist. If you ask for one of these things and you do not get it, you can file an ADA complaint to:

North Carolina Department of Health and Human Services  
Division of Social Services  
Attention: Carlotta Dixon  
Program Compliance Section  
Equal Employment Opportunity Coordinator  
Title VI-Civil Rights Coordinator  
McBryde Building  
820 S. Boylan Avenue  
2401 Mail Service Center  
Raleigh, NC 27699-2401  
919-527-6335  
919-334-1031 (fax number)

*The North Carolina Division of Social Services does not discriminate against any person on the basis of race, color, national origin, disability, sex, or age in the admission, treatment, or participation in its programs, services and activities, or in employment.*