**North Carolina Department of Health and Human Services**
**Division of Mental Health, Developmental Disabilities and Substance Abuse Services**

Pat McCrory
Governor

Aldona Z. Wos, M.D.
Ambassador (Ret.)
Secretary DHHS

Jim Jarrard
Acting Division Director

January 15, 2013

**MEMORANDUM**

**TO:** NCI Instructor Trainer's
NCI Instructors

**FROM:** Steven E. Hairston, Chief
Operations Support Section

**RE:** Elimination of Prone or Face Down Position from Crisis Intervention Techniques

On November 13, 2012, you received a memo from former Secretary Albert A. Delia outlining the mandate to eliminate or modify restraints which result in the person being in a face-down or prone position. The techniques are as follows:

1. Escape Attempt
2. Two-Person Carry
3. Three-Person Carry
4. Three-Person Carry from the Floor

As a result of this mandate, the Division of Mental Health, Developmental Disabilities and Substance Abuse Services implemented the training of all Instructor Trainers and Instructors in the modified physical techniques. The training for this group was completed on December 31, 2012. The modified physical technique is the Release from a Seated Position technique. The Instructor Trainers and Instructors have received a certificate which documents their training in the modified physical techniques. Additionally, they have received the appropriate materials needed for their instruction manuals.

At this time, all participants will need to be trained in the modified physical techniques. The training for the participants must be completed by Friday, March 29, 2013.

Instructors will need to submit their training rosters to the Division at DMH.NCI@dhhs.nc.gov by the completion date listed above. Should you have questions or concerns, please feel free to contact the Division at DMH.NCI@dhhs.nc.gov.

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