North Carolina Department of Health and Human Services

Division of Mental Health, Developmental Disabilities and Substance Abuse Services

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Beverly Eaves Perdue, Governor
Albert A. Delia, Acting Secretary

Jim Jarrard, Acting Director
Steven E. Hairston, Chief

MEMORANDUM

To: NCI Instructor Trainer's
NCI Instructors
Providers

From: Steven E. Hairston

Re: Crisis Intervention Techniques – Elimination of Training in the Use of Prone Restraints

Date: November 20, 2012

In an effort to implement the mandate from Secretary Delia's memo, it has been determined that further clarification is needed to facilitate the necessary training required by agencies which use NCI. To this point, all NCI trainings and re-certifications may continue for Core and Core+ training to include:

1. Part A: Prevention Only
2. Part B
   i. CORE- Blocks/self- defense
   ii. CORE + - Blocks/self-defense and ALL restraints, with the elimination of training utilizing restraints in the prone or face down position

Effective immediately, Instructor Trainer's and Trainer's are approved to train on Prevention, Core and Core Plus techniques with the exception of the following:

1). Escape Attempt
2). Two Person Therapeutic Carry
3). Three Person Therapeutic Carry
4). Three Person Carry from Floor

The Division currently has a committee working on the modification of the above listed four techniques. Instructor Trainer's will be trained on the modified techniques beginning mid-December.

Should you have questions or concerns, please feel free to contact the Division at DMH.NCI@dhhs.nc.gov.